

Anxiety Reduced Life

Read [Matthew 6:20-21](#)

Growing up, I grew accustomed to a once, maybe twice-per-year, visit with my grandparents - usually for the Thanksgiving or Christmas holiday. During one of these visits, I discovered a “giant” safe in my grandfather’s office and immediately felt like I had found a treasure from a storybook! What I know now, that I could not have known as a child, is that the purpose of that safe was something far different than my active imagination created.

God admonishes us in Matthew not to store up temporary treasures in this world because they do not last and can be destroyed. Earthly treasures can be a source of anxiety. Rather, He wants us to place our full faith and trust in Him, storing treasures in Heaven, knowing that He works things for our good and His glory when we are surrendered to Him. As I learned later, the safe I found was a gun-safe, and it was there to protect me from harm, more than to just safe-guard valuables. The greatest lessons I learned from my grandfather were not contained within the safe, but on numerous shelves of wisdom and within his heart. He taught me about the boundless love of Jesus and what it truly means to be “rich in love.” Now, because of my relationship with Christ, I am a treasure that He will enjoy forever.

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Essential Question:

*What do
you treasure
the most?*

*Prayer Focus:
Lord,
Give me
peace and
faith to trust
You more.*

*Prayers
God Has
Answered*

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Reflective Notes

How is God speaking to me?

